**1.** Lightly wipe the skin with cool, damp esthetic wipes. This ensures any residue or product has been removed.

## 2. Cooling Biocellulose Masque:

- Apply protection across the eyes.
- Tear open the pouch, remove the masque, and unfold.
- Remove the masque from the first protective film and apply to the face, adjusting to the facial contours.
- Remove the second layer of the protective film and smooth the masque with fingertips, ensuring a comfortable fit.
- Leave the masque on for about 3 minutes, however, if areas of the masque begin to dry sooner, remove before the 3-minute mark to ensure comfort.
- Remove the masque, gently lift from the corners and discard.

## 3. Light Energy Masque:

- Apply a thick layer of Light Energy Masque with a spatula to the entire face and leave on for 5 minutes. (This professional masque is also ideal if using Red LED.)
- Gently remove with cool, damp esthetic wipes.

## 4. Pro Restore:

- Apply Pro Restore with fingertips and allow to absorb.
- **5.** Send the patient home with Pro Restore and recommended home care products to hydrate and nourish the skin along with any additional instructions for their at-home skin recovery and product regimen.











