

# pro skin treatments

## principles and protocols

Dermalogica Pro Skin treatments allow you to design the utmost bespoke experience – a customised treatment built around your clients’ unique lifestyles, schedules and skin concerns. Available in 30-minute or 60-minute form, these time-tailored treatments are truly revolutionary because they are customised at every step by you, based on your client’s Face Mapping results.

Using a unique modular approach driven by your knowledge and expertise, Pro Skin 30 and Pro Skin 60 treatments place the power in your hands to change how clients value and care for their skin.

### pro skin modules

Consult and prepare your client



Double Cleanse



Resurfacing



Extractions



Touch Therapy



Deep Treatment



Dermal Layering

Skin Fitness Plan

### planning the service

- Determine client’s skin priority
- Determine skin health tolerance
- Determine time allocated for service
- Select products, techniques and tools



### implement

What have you learnt by practicing the treatment and trying different Dermalogica PRO formulas to compare actions and results

### extend



[click to explore](#)

### reconnect



[click to explore](#)

# pro skin treatments

## principles and protocols

dermalogica PRO



### pregnancy

Avoid including the following products in your treatment if your client is pregnant:

- Soothing Additive
- MultiVitamin Power Exfoliant
- Retinol IonActive Serum
- Pro Power Peel

### professional grade exfoliation

Select exfoliation option according to skin condition and barrier function.

**Do not** perform advanced exfoliation where direct sun exposure is expected post treatment. Always apply and recommend a minimum SPF 15 after treatment.

**Do not** exfoliate highly sensitised, broken, injured, sunburned or recently waxed skin (within 24 hours)

**Do not** exfoliate clients who are taking Isotretinoin (formerly known as Accutane) or have taken it in the past 6 months. Do not exfoliate clients who use Retin-A, Renova, Adapalene, Tazorac or any other medically prescribed exfoliating products, unless discontinued for at least 1-2 weeks. If working in a medical environment the physician may have a different recommendation.

### professional technology

Select from traditional and cutting-edge technology options to enhance your Pro Skin treatments.

Include galvanic desincrustation and iontophoresis, high frequency, ultrasonic, microcurrent, hydrodermabrasion or LED.



# pro skin treatments

## professional grade products

- customise

  - Calming Botanical Mixer**  
Sandalwood | Lavender | Eucalyptus | Mix 2 to 3 drops into water-based professional product, cleansing water, and steam towels to customize and intensify the soothing and calming effects | Option for clients contraindicated to essential oils.
- resurfacing

  - MultiVitamin Power Exfoliant**  
Lactic Acid | Retinol| Lipid base | Use full or part ampoule| Double Cleanse removal  
Patch test required | Not suitable for pregnant clients
  - Exfoliant Accelerator 35**  
30% Lactic Acid | Enzymes| Olive Leaf Extract | pH 3.2| Use undiluted to accelerate Double Cleanse removal | Patch test required
- extractions

  - Multi-Active Scaling Gel**  
Aloe Vera Leaf Juice | Hydrolysed Viola Tricolour Extract | Spirea Ulmaria Extract | Apply to congested areas| Process for 3 minutes| Ionise on negative current if desired | Perform extractions | Remove with sponges and water
  - Post Extraction Solution**  
Tea Tree Oil| Salicylic Acid | Sneezeweed | Apply where extractions have been performed
- touch therapies

  - Soothing Additive**  
Essential oils| Therapeutic oils| Carrier oils| For inhalations and massage | Press 4-6 drops onto skin
  - Massage Gel-Cream**  
Motion-activated oils for prolonged slip and glide | Gel-cream hybrid for face and body  
Lightweight oil blend of Safflower Seed Oil, Sunflower Seed Oil and vitamin E | Water soluble| Sponge or towel removal



# pro skin treatments

## professional grade products

deep treatment

### Professional Serums

Highly concentrated professional serums | Targets specific conditions | Use an almond size amount | Ionise on positive polarity | BioLumin-C PRO Serum to brighten and firm Retinol for ageing | Niacinamide for breakouts | PowerBright for hyperpigmentation Hyaluronic Acid for dehydration

### Conductive Masque Base

Hydrating, cooling masque | Conductively-optimised ionisable gel for microcurrent and galvanic | Ultrasonic and LED friendly | European Brown Algae Extract | Magnesium Aspartate | Dual-size Hyaluronic Acid | Apply 1 tablespoon with Fan Masque Brush after skin specific Professional Serum | Leave for 7-10 minutes to activate

### Clinical Oatmeal Masque

Colloidal Oatmeal | Soothes sensitive skin | Alleviates itching associated with dryness Pharmaceutical grade | Aloe Vera | Oat Oil | Apply 1 tablespoon with spatula or Fan Masque Brush | Leave on for 10 minutes | Remove with steam towel or sponges

### Multi-Active Scaling Gel

Aloe Vera Leaf Juice | Hydrolysed Viola Tricolour Extract | Spirea Ulmaria Extract | Apply to congested areas | Process for 3 minutes | Ionise on negative current if desired Perform extractions | Remove with sponges and water

### Colloidal Masque Base

Cooling botanically active gel | Hydrating hyaluronic Acid | Customisable | Apply thin layer to clean face and throat with Fan Masque Brush | Leave for 10 minutes | Remove with steam towel and sponges

### Cooling Contour Masque

Diatomaceous Earth | Calcium Sulphate | Algin | Citrus Oil Blend Extracts | Rubberising cooling masque | Helps firm and contour | Increases product penetration | Prepare with gauze | Mix powder (part 1) and gel (part 2) together | Set for approximately 3 minutes Peel off like a rubber sheet

