

how to rebuild hollow undereyes



The undereye area is often the first place skin begins to show visible signs of skin aging. While the rest of the face may still appear firm and resilient, this delicate zone can quickly look hollow, shadowed, and less smooth. The reason is structural.

As we age, undereye density loss becomes more pronounced, leading to hollow undereyes, undereye volume loss, discoloration, thinning skin, and fine lines. Skin around the eyes is naturally thinner and more fragile than other areas of the face. It contains less collagen and elastin, along with fewer oil glands to cushion and protect it.

Natural aging and genetics can influence how and when undereye volume loss starts to appear. Environmental exposure, including UV rays and pollution, can accelerate structural breakdown. Rapid weight loss from GLP-1 use may also contribute to a hollow-looking lower eye area by reducing supportive fat and soft tissue volume. For some, these changes prompt consideration of procedures like lower blepharoplasty (lower bleph) or upper blepharoplasty (upper bleph).

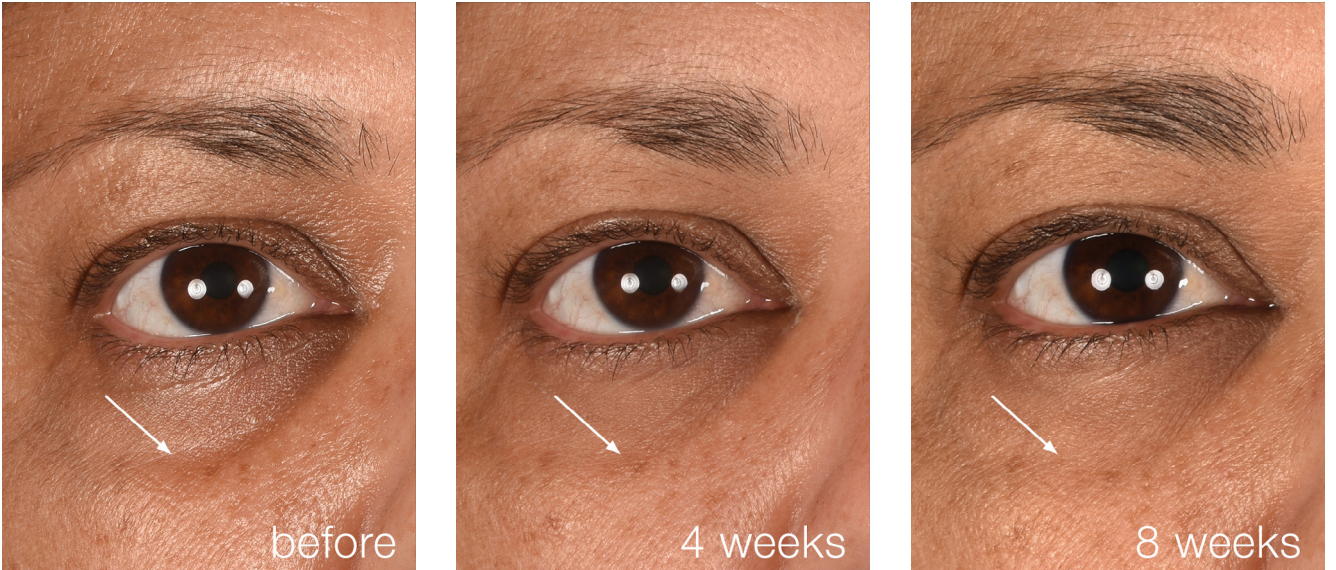
zone-specific treatment for hollow undereyes

Because the undereye area is uniquely vulnerable, it requires a dedicated undereye treatment, not just a face moisturizer repurposed as an undereye cream.

Smart Eye Density is a biointelligent, redensifying undereye serum formulated to target hollow undereyes and thin skin around the eyes. This professional-grade undereye treatment helps visibly rebuild density over time.

At the core of the formula is a growth factor complex. Growth factors are potent signaling molecules that prompt skin to rebuild itself, helping restore density and support a smoother, more resilient-looking eye contour. This is cutting-edge skin-rebuilding science, designed specifically for undereye density loss.

rebuild undereye density by 129%*



*Results after 4 weeks. Independent clinical study, 33 subjects, 2 applications per day for 8 weeks.

Hollow undereyes are one of the most visible signs of skin aging. With a strategic undereye serum and a treatment-informed approach, you can support visibly restored density — and outsmart hollow undereyes with targeted care.

tips and products to help rebuild undereyes

- 1. Choose a dedicated undereye serum or undereye cream**
Zone-specific formulas are essential for addressing hollow undereyes and undereye volume loss. A targeted undereye treatment delivers ingredients calibrated for thinner skin.
- 2. Incorporate growth factors**
Growth factors help signal skin to rebuild, supporting improved density in areas affected by undereye density loss. A formula powered by a growth factor complex helps reinforce the delicate eye contour over time.
- 3. Prioritize hydration**
Dehydration can exaggerate shadowing and fine lines. Ingredients like Hyaluronic Acid help draw in water, creating a visibly plumper, smoother appearance.
- 4. Apply with gentle precision**
Use your ring finger and gently tap along the orbital bone. Avoid pulling or stretching the skin.
- 5. Protect and preserve**
Daily SPF, sunglasses, adequate sleep, and professional skin treatments all help support long-term undereye resilience.

Get more skin care tips at [dermalogica.com](https://www.dermalogica.com)

Want to learn more about which skin care products are right for you?
Visit your local Dermalogica skin therapist for a completely customized regimen.